

ABSTRACT OF THE DISCLOSURE

[0026] Method for the manufacture of a piston, wherein the piston comprises a piston body with through-channels for fluid which are covered by valve disks on support bodies with valve support surfaces, wherein the piston body is disk-shaped and is constructed in one piece by means of press stamping and, starting from a base body of the piston, the support bodies which are raised on one side of the piston are formed as recesses on the axially opposite side of the piston, and the piston has at least one support for the valve disks which is likewise pressed out of the piston base body on both sides of the piston, wherein the support of the piston body is formed from the piston body in a die tool by material flow against the pressing movement of a forming tool.